

IMEC (Marie Cobel) with "Friends"
September 6, 1984

Session 11: Projections and Their Effect on the Three Bodies

Original Question: Earth is our home; do you have a place you call home?

Summary: The Friends discuss the three bodies; the physical, the mental and the emotional.

Extended Summary: On Earth it is our home, do you have a place you call home? Home is a state of being it is not a place. Your reality is based on the projections of others. You should understand that your reality is a projection that you created. Your first issue in understanding other realities is the concept of time. You need a beginning and an ending. History reinforces this understanding of reality. Each lesson in history is then filtered through moral judgment and evokes a reaction on the emotional body based on right and wrong. The three bodies are the physical, the mental, and the emotional. When children are taught, they lack the personal foundation to relate the material and thus the information becomes foundational whether the child is paying attention or not. Additional concept layers are added such as religious concepts. Emotional bonds that were created from understanding of right and wrong are applied. Overall, there will be conflicting concepts: religion with society, religions with each other. The result is a loss of individuality and a merging of the being with a segment of society, an occupation, and a train of thought that conforms with a belief system. At some point the conflict of inconsistency forces the individuality to form an intellectual body. This new body may reject and question all previously held beliefs. New information may be acquired which has not been forced (through a belief system) but is desired. That learning (the growing of the intellectual body) is best accomplished from the curious seeker of information. Projections are the process of creating a concept. When a concept is shared between beings, the concept becomes a part of the being's body of reality. The power of suggestion is strong, and it is possible that all of reality has been suggested. Other realities exist and will seek out energies that are of similar energy states. Therefore, to experience a different reality, you have to give up the current differing reality and be open to the new reality. The reality is that there is a blending of the two realities because the first is a part of the experience of who that person has become. (The only possible way to avoid this is to forget one or the other.) Can the projection be changed? You can influence but these projections have energy of their own. You can change your experience if you can experience without interpretation. If one could release all of the energies in the emotional body and release the mental image. If one could quiet the physical and perceive without trying to have perception. If one could look at others without the projections of preconceived ideas. They look tired, happy, tan, well dressed

and so on. You project on others also. For example, if you feel joy you project joy and others pick up the energy of joy in an agreement. One will withdraw from negative experience. Intellectual plane, spiritual plane, these are forms of realities. They each have unique language and require only a silent being to be observed. One must enter into them knowingly. This is done during meditation or listening to another person's experience of reality. Are projections solely on the Earth plane? There are other realities that experience the Earth because they do not become emotionally attached. Energies enter the spiritual plane, stay, then reenter the physical world. To enter another reality, you must release your emotional attachment to the current one then enters with the intent to observe, not alter or change.

Report by Daniel Erickson

Extended summary by S. Solomon